

How to Choose Flooring That's Safe for Young Children



When it comes to choosing flooring for children's rooms, safety is a top priority. Young children spend a lot of time on the floor, whether they're crawling, playing, or learning to walk. Therefore, choosing flooring that's safe, durable, and easy to maintain is essential. In addition, it's important to select materials that are free from harmful chemicals, offering a non-toxic environment for your child to grow and play.

In this blog, we'll guide you through the best flooring for children's rooms and highlight safe flooring options that are not only comfortable but also easy to care for and maintain.

Why Choosing the Right Flooring Matters for Children's Rooms

Children's rooms require special attention when it comes to flooring. Children are more vulnerable to slips and falls, and some materials can contribute to allergies or respiratory problems if they contain harmful chemicals. When selecting flooring for these areas, you need something that will support your child's development and safety while also being easy to clean and maintain.

Some of the factors to consider when choosing child-safe flooring include:

- **Non-toxic materials:** Flooring should be free of harmful chemicals like **formaldehyde** and **VOCs** (volatile organic compounds).
- **Durability:** Kids can be hard on flooring, so it's important to choose materials that will withstand spills, scratches, and general wear and tear.
- **Comfort:** Kids spend a lot of time sitting, crawling, or playing on the floor, so comfort is an essential factor to consider.

Let's take a closer look at some of the best flooring options for kids' rooms that meet these important criteria.

1. Soft Carpet Flooring

Carpet is a popular choice for children's rooms due to its soft and comfortable surface. It provides a cushion for falls, making it one of the safest flooring choices for kids, especially toddlers and young children who are still learning to walk.

Benefits of Carpet for Kids' Rooms:

- **Comfortable:** Carpet provides a soft, cushioned surface that's perfect for playing and sitting.
- **Safety:** Carpet is ideal for reducing slips and falls, especially in areas where children are running or playing.
- **Sound Absorption:** Carpet can help dampen sound, which is especially beneficial in multi-level homes or apartments.

However, keep in mind that carpet requires regular cleaning to keep it free of dirt and allergens. Choosing a low-VOC carpet made from natural fibers like wool can ensure the

flooring is safe and non-toxic for children. Consider looking into [Parma Flooring's laminate collection](#) if you're looking for a low-maintenance alternative that's also kid-friendly.

2. Cork Flooring

Cork flooring is another excellent non-toxic flooring option for children's rooms. Made from the bark of cork oak trees, cork is a renewable and eco-friendly material that offers both **comfort** and **safety**.

Benefits of Cork Flooring:

- **Soft and Resilient:** Cork provides a cushion for children, reducing the impact of falls and offering a comfortable surface for crawling or playing.
- **Hypoallergenic:** Cork is naturally resistant to mold and mildew, making it a good choice for children with allergies.
- **Sustainable:** Cork is a renewable material, making it an environmentally friendly option for eco-conscious families.

Cork also helps with sound insulation, reducing noise from footsteps and toys, which can be a big advantage in multi-story homes or apartments. If you're considering cork for your child's room, check out [Parma Flooring's eco-friendly options](#) for a variety of sustainable choices.

3. Engineered Hardwood Flooring

Engineered hardwood is a great choice for those looking for the beauty of hardwood with added durability. Unlike solid hardwood, engineered hardwood consists of several layers of wood, which makes it less prone to expansion or contraction due to changes in temperature and humidity.

Benefits of Engineered Hardwood Flooring:

- **Durability:** Engineered hardwood is more resistant to scratches and dents compared to solid hardwood, making it a great choice for high-traffic areas like children's rooms.
- **Non-toxic options:** Many engineered hardwood options are made with low-VOC finishes and adhesives, making them a safer choice for kids.
- **Easy to Clean:** Unlike carpet, [engineered hardwood](#) is easy to wipe down and doesn't trap dust or allergens.

If you're looking for durability and beauty in your child's room, [Parma Flooring's engineered hardwood](#) offers a wide range of options that combine style and functionality.

4. Vinyl Flooring

Vinyl flooring has come a long way in recent years, offering a durable, affordable, and easy-to-maintain option for kids' rooms. It's available in a variety of designs, including options that mimic the look of wood, tile, or stone.

Benefits of Vinyl Flooring:

- **Waterproof:** Vinyl is naturally water-resistant, making it perfect for rooms that may be exposed to spills, accidents, or humidity.
- **Durable:** Vinyl is scratch-resistant and difficult to damage, making it a great choice for homes with children and pets.
- **Non-toxic and Low-VOC:** Look for phthalate-free vinyl options that are safe for kids and offer peace of mind.

[Parma Flooring's SPC collection](#) offers high-quality, [waterproof vinyl flooring](#) solutions that are perfect for children's rooms and high-traffic areas.

5. Rubber Flooring

Rubber flooring is a highly durable and safe option for children's rooms, especially for active kids who love to play indoors. It's commonly used in playrooms, home gyms, or play centers due to its shock-absorbing properties.

Benefits of Rubber Flooring:

- **Shock Absorption:** Rubber flooring provides a soft, cushioned surface that helps protect kids during play.
- **Durability:** It's highly resistant to wear, stains, and spills, making it a long-lasting option for high-traffic areas.
- **Non-toxic:** Look for recycled rubber flooring that is free of harmful chemicals and safe for kids.

Rubber flooring is easy to install and clean, making it a great choice for homes with young children. Check out [Parma Flooring's rubber flooring solutions](#) for a comfortable and safe play surface.

Conclusion

When selecting flooring for children's rooms, it's important to consider safety, durability, and comfort. Laminate flooring, cork, engineered hardwood, vinyl, and rubber flooring are all excellent choices, each offering unique benefits. With the right choice of flooring, you can create a safe and comfortable environment for your child while ensuring that the floor is durable enough to handle the wear and tear of daily life.

At [Parma Flooring](#), we offer a wide variety of safe flooring options for children's rooms, including [engineered hardwood](#), [SPC flooring](#), and [laminate](#). If you need help finding the best kid-friendly flooring for your home, our team is here to assist you.

Contact us today to get personalized recommendations based on your needs, or request a wholesale inquiry for bulk pricing and options. Our team is here to help you find the perfect flooring solution for your home!